

What is *Pranic Healing*®

Pranic Healing® is **no-touch** energy healing. It was developed by Master Choa Kok Sui who wanted a simple, yet powerful way to heal. It's based on the idea that the body can heal itself. *Pranic Healing*® speeds up the body's healing by increasing something called Life Force. The *Pranic* healer draws in energy - always available from the sun, air and ground and gives it to the person needing healing. There are times in our lives when we're "out of sorts". It could be caused by physical pain or disease, stress of relationships, even money. Healers often call it "imbalance". *Pranic Healing* puts the body back in balance, both physically and emotionally.

Here are Master Choa Kok Sui's own words:

"Pranic Healing® requires no drugs, gadgets, not even physical contact with the subject. Physical contact is not required because the practitioner is working on the bioplasmic or energy body and not directly on the physical body. This energy body, or aura, is the mold or blueprint that surrounds and interpenetrates the physical body. It is the energy body that absorbs life energy and distributes it throughout the physical body, to the muscles, organs, glands, etc. The reason Pranic Healing® works on the energy body is that physical ailments first appear as energetic disruptions in the aura before manifesting as problems in the physical body."

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Further information: <https://pranichealing.com/what-pranic-healing>